



Corn flakes



Light and crunchy flakes of corn, to enjoy in many ways to start the day off with the right amount of energy. **Corn Flakes** are versatile, tasty and come in the practical single-serve pack weighing 25 g.

- Naturally lactose-free
- Practical single-serve pack
- Source of fibre

Ingredient

Corn 93.7%, sugar, salt, emulsifiers: sunflower lecithin.

Characteristics

Value per 100 g

Energy kj	1573
Energy kcal	371
Fat	1,0
- of which — Saturated Fat	0,2
Carbohydrate	80
- of which — Sugars	4
Fibre	5,0
Protein	8,0
Salt	1,75