Zuppa Mediterranea

Mix of cereal grains, vegetables and pulses for Organic and naturally gluten free soups



Zuppa Mediterranea combines the energy of Peas and White Beans with the digestibility of Brown Rice in a tasty and nutritious main dish that is not filling.

Nutritional properties:

Zuppa Mediterranea has a high fibre content and is a source of protein. It is low in sugar, in sodium, to help maintain normal blood pressure, in fat and saturated fat to help maintain normal cholesterol levels in the blood.

- rich in fibre
- source of protein and complex carbohydrates
- low in sugar for long lasting energy
- creamy taste of the Mediterranean tradition

Senza Uova

Senza Latte

Senza Amido di Frumento

Ingredient
green peas*, brown rice*, pre-cooked white beans*. *= organic ingredient

Characteristics	Value per 100 g
Energy kj	1377
Energy kcal	326
Fat	1,1
- of which — Saturated Fat	0,3
Carbohydrate	54,8
- of which — Sugars	4,8
Fibre	15,7
Protein	16,4
Salt	0,20