Maccheroni Rigati Integrali

Gluten free wholemeal pasta



Prepared exclusively with brown rice flour, gluten free **Maccheroni Integrali** unite the simple and wholesome taste of tradition with the great benefits of fibre, for tasty and healthful first course dishes. Bronze drawn whole wheat pasta, dried at low temperatures. Cooks in about 8/10 minutes. **One portion of Pasta Integrale (80g) covers about 18% of daily fibre requirement**. **Tips**: cook in plenty of salted water for 8/10 minutes. We recommend tasting every now and again to verify desired degree of doneness.

- rich in fibre
- low sugar content
- no mono and diglycerides
- for a delicious first course, tasty and wholesome

Senza Uova

Senza Latte

Senza Amido di Frumento

Ingredient
Brown rice flour

Characteristics	Value per 100 g
Energy kj	1511
Energy kcal	57
Fat	4
- of which — Saturated Fat	1,1
Carbohydrate	71,9
- of which — Sugars	2,9
Fibre	6,3
Protein	8,3
Salt	0,05